

Indication of Tail Sneha

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Course Outcomes (CO)

- C01: Understand the concept and therapeutic uses of Tail Sneha.
- C02: Identify the classical and clinical indications of Tail Sneha.
- C03: Apply knowledge of Tail Sneha in Panchakarma and related therapies.
- C04: Correlate Tail Sneha indications with modern therapeutic applications.

Program Outcomes (PO)

- P01: Demonstrate knowledge of Ayurvedic oil-based therapies.
- P02: Integrate Tail Sneha in disease management.
- P03: Develop skills in various Tail Sneha application methods.
- P04: Exhibit evidence-based approach in Tail Sneha usage.

Indications of Tail Sneha

- 1. Vata disorders like arthritis, neuralgia.
- 2. Musculoskeletal stiffness and pain.
- 3. Dryness of skin and hair.
- 4. Nervous system disorders.
- 5. Weakness and fatigue.
- 6. Post-natal care.
- 7. Improvement of complexion and skin texture.
- 8. As pre-procedure in Panchakarma (Snehana)